


- ▶ To select **Dynamic Multicontour Seat**: turn the controller and press to confirm.

You can select:


- **0**: Off
- **1**: Level 1 (weak)
- **2**: Level 2 (strong)
- ▶ To select the setting: turn the controller.
- ▶ **To exit the menu**: press the  button.

### Seat heating balance




The Balance function controls the distribution of heat on the seat backrest and cushion.

The balance function influences the currently set heating level of the seat heating (see the vehicle Operator's Manual).

- ▶ Call up the seat functions (▶ page 55).
- ▶ To select **Seat Heating Balance**: turn and press the controller.
- ▶ To select the seat: slide  the controller.
- ▶ To change the setting: turn the controller. You will see the changes you have made in the settings display.

The settings represent the following:

- **0** – the backrest and seat cushion are evenly heated according to the setting selected with the seat heating button.
- **1 to 3** – the heat output to the seat cushion is reduced one level at a time.
- **-1 to -3** – the heat output to the backrest is reduced one level at a time.
- ▶ **To exit the menu**: press the  button.

### Massage programs

#### Overview

You can select the following massage programs:

- **1: Hot Relaxing Massage, Back**  
Relaxing massage program starting in the pelvic area, warm pressure points can be felt, full back massage, stretching the pelvic area, ending with gentle soothing movements
- **2: Hot Relaxing Massage, Shoulders**  
Relaxing massage program starting in the pelvic area, warm pressure points can be felt, full back massage, stretching the pelvic area, ending with gentle soothing movements
- **3: Activating Massage**  
Activating massage through increasing twin-waves and then soothing movements
- **4: Classic Massage**  
Massage with increasing waves, soothing movements
- **5: Mobilizing Massage**  
Mobilization of the spinal column and the complete upper body by means of pressure point mobilizing massage at chest height
- **6: Active Workout**  
The Active Workout program requires your active participation. It is suitable for training your stomach muscles during a traffic jam, for example, by means of targeted tensing and relaxing. You can use the program to be sporty in the vehicle.